

Perth Academy

Relationships Policy October 2023

Our 'Why'



Our Vision & Values



Together we have agreed we commit to:

- Be prepared and ready for learning
- Live our vision and values
- Take responsibility for ourselves and our actions
- Focus on repairing relationships when we make mistakes and accept that we may need help to do this
- Understand that there may be consequence of our actions

Pupils, parents, staff and partners worked together to create this policy and it applies to everyone in our learning community.

This policy supports, and is supported by, other national and local policy

National

GIRFEC

Included, Engaged and Involved: Part 1 and Part 2.

Trauma Informed Practice

UNCRC in Scotland

National Framework for Inclusion

Attachment Theory

Education and Equalities legislation

Local

- PKC Attendance Guidance
- PKC ASN Guidance
- PKC Fostering inclusion & Reducing Exclusions Guidance
- Making Rights Real
- Equality & Diversity
- Framework for Excellence in Learning

We make our policy work by

• being rights respecting	We are a Rights Respecting School, we all know that everyone has rights, we know what rights are, and we know we have a duty to respect the rights of others.
• being nurturing	Our TEAM approach aims to make everyone welcome in our community. We strive for a balance of high expectation, structure, warmth and support. Positive relationships are at the heart of everything we do together.
• being restorative	We take responsibility for our actions and seek to repair relationships after they have been damaged. In our TEAM at Perth Academy, we are learning how to behave in a way that is helpful not harmful and how we can avoid conflict and harm in the future.
• being trauma informed	We are developing our awareness of each other and what we need in our school community to feel safe and develop trusting relationships. We are kind in our language and actions in our school community.
• promoting wellbeing	When we are well, we feel: Safe, Healthy, Active, Nurtured, Achieving, Respected, Responsible and Included We show appreciation and gratitude for each other.

We can learn about and get help with our relationships and behaviour through:

Young People	PSE lessons	Home Room	Assemblies	Talking to an adult	Talking to a buddy	Talking to a Guidance Teacher	Talking to a Mental Health Ambassador
Parents & carers	Support Faculty	Parents' Evenings	Family Learning Sessions	Information Leaflets	Nurture	Restorative Approaches	Mental Health
					Trauma Informed	Attachment Informed	Anti-Bullying
Staff	Colleague Support	Middle Leadership Team	Senior Leadership Team	Professional Learning	Operational Guidance		