

## **SUBJECT:- Skills for Work - Sport and Recreation**

### **What are the aims of this course?**

The course is designed to give pupils a “snapshot” of the different duties and activities that employees in the Sport and Recreation industry carry out daily.

### **What will I be learning about in this course?**

Personal Fitness  
Dealing with Accidents and Emergencies  
Dealing with facilities and Equipment  
Leading activity sessions  
Developing Skills for Employment

### **What skills will I develop?**

Review your own progress  
Deal with clients  
Client care  
Working cooperatively with others  
Timekeeping  
Awareness of health and safety issues  
Follow instructions  
Time management

### **What learning and teaching approaches will I experience?**

Pupils will learn through practical experiences in simulated workplace settings.  
Plan and carry out practical tasks.

### **How will I be assessed?**

Pupils will be assessed using a variety of methods, including.  
Practical scenarios  
Observation by PE staff  
Pupil log sheets  
Set assessment papers e.g., an accident and emergency report

### **What are the homework requirements?**

Being prepared for lessons  
Minimal homework required

### **What might this course lead to in the future?**

National 4 and National 5 Skills for Work Sport and Recreation Awards  
Pathways to further education, training and employment