

# Passport to SPORT

## Course Level

Appropriate for S4-S6 pupils.

## Course Summary

This course has been designed as a springboard into the exciting and expanding sport and fitness industry and/or into a full time college course. You will gain experience in the skills you will need to explore different career paths and employment options. You will participate in a range of areas including sport leadership, safeguarding in sport, first aid, forest school, bushcraft, fitness testing, contemporary fitness activities and many more vocationally relevant skills.

## Course Content

This programme is made up of a number of short courses that are certificated through National Governing Body of sport, SportScotland, professional industry bodies and Perth College UHI. For every course completed and achieved, students will receive both certificate and a passport stamp which can be used to help monitor progress through the programme.

Some of the courses included in the programme are:

- § Badminton Introductory Coach Award.
- § First Aid Certificate.
- § Netball Leaders Course.
- § Positive Coaching Scotland Certificate.
- § Safeguarding Children in Sport.
- § Rugby Youth Coaching Course.
- § Introduction to Soft Tissue Therapy
- § Introduction to Climbing and Bouldering

## Entry Requirements

Aimed at S4-S6 pupils. There are no formal entry requirements for this course, but you will be invited to attend an interview with a member of College staff to discuss your application.

## Course Progression

- § NQ Outdoor Adventure.
- § NC Sport and Fitness.
- § HNC Fitness, Health and Exercise.
- § HNC Coaching and Developing Sport.
- § HNC Soft Tissue Therapy
- § BSc (Hons) Sport and Fitness.
- § BA Outdoor Education and Learning

## Duration

2 hours x 2 session per week over one year.

**Starts:** August **Number of Places:** This programme will run with a minimum of 8 students and a maximum of 12.

**Venue:** This programme will run in the Academy of Sport and Wellbeing at Perth College UHI, unless activity requires alternative requirements.