

PHYSICAL EDUCATION (Advanced Higher)

The Course allows candidates to complete a full and carefully planned cycle of performance analysis, research, and development. This experience should help candidates to understand that the development of performance is always an unfinished process. Candidates undertaking this course are expected to be self-motivated and dedicated to the pursuit of serious study and performance development goals. Although teachers can offer support and guidance at all stages, candidates must be able to work independently and take responsibility for learning and progress.

Course Aims

The main purpose of the course is to research and critically analyse factors, which underpin and impact on performance and develop performance. Through critical analysis and evaluation, learners will apply strategies, techniques and skills, which will enable them to build on and enhance performance.

Content

- You will collect and analyse data on your own performance.
- Research literature
- Design a programme based on your research
- Follow the programme
- Evaluate your progress/improvement

Final Assessment

Final Assessment is based on a one off performance worth 30% of the final mark. The other 70% is a 5000 word dissertation based on analysing and improving performance through research.

Recommended entry

Candidates should have achieved an B pass at higher.

Progression

Those who complete the Advanced Higher course may progress to: Higher Education Training and Employment